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UTILITY PATENT APPLICATION **TRANSMITTAL**

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UTILITY	Attorney Docket No.	12218.2200
	First Inventor	Paul LaStayo
TRANSMITTAL	Title	M&A for Speed Controlled Eccentric Exercise Trainin
	Everes Mail Labol	EV225039924

(Only for new	v nonprovisional applications under 37 CFR 1.53(b))	Express	Mail Label		EV3	25938834	
APPLICATION ELEMENTS See MPEP chapter 600 concerning utility patent application contents.		Commissioner for Patents ADDRESS TO: Mail Stop Patent Application P. O. Box 1450 Alexandria VA 22313-1450					
2. A A S S (p)	ee Transmittal Form (e.g., PTO/SB/17) Submit an original, and a duplicate for fee process pplicant claims small entity status. ee 37 CFR 1.27. pecification [Total Pages Descriptive title of the invention Cross Reference to Related Applications Statement Regarding Fed sponsored R & Reference to sequence listing, a table, or a computer program listing appendix	26		Computer Progotide and/or Amilicable, all necessar Computer Specification S i. CD- ii. Pap	o-R in dup ram (App no Acid S y) er Readal equence ROM or 0	plicate, large table or pendix) Sequence Submission ble Form (CRF)	22154 U.S.
- - -	Background of the Invention Brief Summary of the Invention Brief Description of the Drawings (if filed) Detailed Description Claim(s) Abstract of the Disclosure		9. 10.	COMPANYIN Assignment Pap 37 CFR 3.73(b) (when there is an a	oers (cove Statements	er sheet & document(s)) nt Power of Atto)
5. Oath or 0 a. [Declaration Copy from a prior application (a) (for continuation/divisional with Box 18 of Signed statement attached delenamed in the prior application, s) 1.63(d)(2) and 1.33(b). Total Pages (Total Pages (Total Pages (For continuation/divisional with Box 18 of Signed statement attached delenamed in the prior application, s) 1.63(d)(2) and 1.33(b). (DELETION OF INVENTOR Signed statement attached delenamed in the prior application, s) 1.63(d)(2) and 1.33(b).	completed) (S) ting inventor(s	13.	Information Disc Statement (IDS) Preliminary Ame Return Receipt (Should be specific Certified Copy of (if foreign priority is Nonpublication)	closure //PTO-14 endment Postcard cally itemiz of Priority s claimed) Request olicant mu	(MPEP 503) red) Document(s)	
or in an Applic Prior For CONTINI under Box 5	application information: Examiner To Be A UATION OR DIVISIONAL APPS only: The en b, is considered a part of the disclosure of the incorporation can only be relied upon when	uation-in-pa Assigned tire disclosu the accompa n a portion ha	rt (CIP) of progression of the prior nying continuation	rior application N Group / Ar application, from tion or divisional tently omitted fro	lo.:] t Unit:3' which ar applicatio	10/330,611 764 In oath or declaration is such and is hereby incorpora	upplied
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Custo	mer Number or Bar Code Label (Insert Custo	2032 mer No. or Att	2 ach bar code lat	or nel here)	Corr	espondence address below	
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Name	(Print/Type) Laura J. Zeman		Regis	stration No. (Attorr	ney/Agent)	36,078	7
Signat	ture O O	3			Date	August 27, 2003)
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This collection of information is required by 37 CFR 1.53(b). The information is required to obtain or retain a benefit by the public which is to file (and by the USPTO to process) an application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.14. This collection is estimated to take 12 minutes to complete, including gathering, preparing, and ubmitting the completed application form to the USPTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. Department of Commerce, P.O. Box 1450, Alexandria, VA 22313-1450. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Mail Stop Patent Application, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.